

Charles A. Filanosky, Ph.D., ABPP

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Licensed Psychologist: California PSY #22571

Board Certified in Rehabilitation Psychology

Qualified Medical Evaluator: QME #118085

Education:

Pacific Graduate School of Psychology, Palo Alto, California. *(APA Approved)*

Doctor of Philosophy, Clinical Psychology, June 2005.

Certificate Program, Neuropsychological Assessment, March 2003.

Master of Science, Clinical Psychology, October, 2002.

Boston University, School of Education, Boston, Massachusetts.

Master of Education, Counselor Education, May 1995.

Syracuse University, College of Arts and Sciences, Syracuse, New York.

Bachelor of Arts, Psychology, Cum Laude, May 1992.

Professional Experience:

Veterans Affairs Medical Center, San Francisco, CA.

Rehabilitation Neuropsychologist, (September 2007 to present)

Primary clinical duties split in provision of general psychological services integrated in a primary care setting and neuropsychological evaluation for specialty clinics hospital-wide.

Additional duties include assessment and neurorehabilitation as part of Polytrauma Clinical Support Team and our PTSD Clinical Team. Also perform weekly compensation and pension (disability) evaluations. Serve on multiple committees including Telementalhealth Services, Traumatic Brain Injury Interdisciplinary Team, OEF/OIF Integrated Care committee and the Professional Standards Board. Developed and implemented the Early Career Psychologist group. Responsible for the implementation of several mission critical hospital wide QI initiatives. Other activities involve participation in our APA approved training program,

including extern, intern, and postdoctoral fellow selection, training, and supervision in both neuropsychology and primary care psychology. Additional involvement in grant writing for research programs focusing on integrated healthcare and traumatic brain injury. Supervisors: Kewchang Lee, M.D., Russell Lemle, Ph.D.

Private Practice, San Francisco, CA.

Part time private practice emphasizing neuropsychological consultation and evaluation for medical or forensic referrals, cognitive rehabilitation, and individual psychotherapy. Specialty areas include geriatrics and traumatic brain injury.

Gentiva Rehab Without Walls, San Jose, CA.

Rehabilitation Neuropsychologist (July 2009 to present)

Part time position working as part of a rehabilitation team to provide community based post acute rehabilitation services to adolescents and adults with traumatic brain injury, spinal cord injury, and stroke. Conducted neuropsychological evaluations, cognitive rehabilitation, and psychotherapy for individuals and families.

Academic Appointments / Teaching Experience:

University of California San Francisco

HS Assistant Clinical Professor, Department of Psychiatry (September 2007 to present)

Taught medical residents relevant topics related to diagnosis and treatment of mental disorders occurring in a multidisciplinary primary care clinic setting. Developed and presented didactic seminars on posttraumatic stress disorder and traumatic brain injury for UCSF and VA trainees. Developed and supervised an APA approved post-doctoral residency in primary care psychology and a predoctoral internship rotation in the same. Also supervised predoctoral interns and practicum students in neuropsychological assessment and cognitive-behavioral therapy.

California Institute of Integral Studies, San Francisco, CA

Adjunct Associate Professor (May 2011 – May 2012)

Instructed advanced doctoral students in clinical psychology in Neuropsychological Assessment and Biological Bases of Behavior. Developed course and materials, lectured, evaluated, and mentored students.

Hunter College (City University of New York)

Adjunct Assistant Professor (January 2006 to August 2007)

Taught graduate level courses on medical aspects of disability, lifespan development, theories of counseling, and psychological assessment for Master's level students in rehabilitation and school counseling programs. Adapted and updated course materials, lectured, graded and scored examinations and papers and mentored students. Served on faculty senate.

Pacific Graduate School of Psychology, Palo Alto, CA.

Graduate Teaching Assistant (September 2001 to June 2003)

Served as Teaching Assistant for a number of doctoral level courses including Introduction to Cognitive Behavioral Therapy and courses within neuropsychological assessment specialization sequence. Supervisors: Amy Wisniewski, Ph.D., Charles Baker, Ph.D.

Honors and Awards:

- 2008 VA National Primary Care Conference Poster Award
- 2008 International Neuropsychological Society Featured Poster Award
- 2007 Early Career Psychologist Credentialing Scholarship Award,
National Register of Health Service Providers in Psychology
- 2001 R.W. Kostenbauder Student Assistantship

- 2000 William and Margaret Hinckley Foundation Scholarship
- 1990 Golden Key National Honor Society, lifetime member
- 1989 Psi Chi, The National Honor Society in Psychology, lifetime member
- 1988 Teamsters Local 191 Academic Achievement Scholarship

Educational and Training Experience:

The Mount Sinai Medical Center, New York, NY.

Post-doctoral Fellow, Dept. of Rehabilitation Medicine (September 2005 to August 2007)

Completed advanced training in rehabilitation research and clinical neuropsychology at a NIDRR Traumatic Brain Injury Model Systems and Rehabilitation Research and Training Center site. Responsibilities included performing neuropsychological evaluations, individual and group therapy along with cognitive remediation in accordance with research protocols as well as part-time work in the faculty practice and individual research projects. Supervisors: Mary R. Hibbard, Ph.D., ABPP, Wayne Gordon, Ph.D., ABPP, and Teresa Ashman, Ph.D.

Tewksbury State Hospital, Tewksbury, MA.

Clinical Psychology Intern, DMH/DPH (July 2004 to June 2005)

Completed pre-doctoral internship (APA approved) with a specialization tracks in forensic, health, and neuropsychology at a state hospital. Performed psychological and neuropsychological assessments, individual and group therapy, and consultation services for chronically mentally ill, dually diagnosed, and forensically committed individuals for the MA Dept. of Mental Health, and neurologically impaired patients and those with other serious medical issues for the MA Dept. of Public Health. Supervisors: Chris Huvos, Psy.D., Mithlesh Garg, Ph.D., and Edith Kaplan, Ph.D., ABPP

Veterans Administration Palo Alto Healthcare System, Palo Alto, CA.

Psychologist Trainee, Psychology Service (September 2002 to September 2003)

Performed neuropsychological evaluations for veterans referred from various sources as a component of graduate training. Administered batteries, wrote reports and recommendations, managed patient scheduling. Supervisor: James Moses, Ph.D., ABPP

Santa Clara County Valley Health and Hospital System, Sunnyvale, CA.

Psychologist Trainee, Fair Oaks Mental Health Center (September 2001 to July 2002)

Provided individual cognitive behavioral therapy and developed and co-lead a group for adults suffering from complicated bereavement. Administered and interpreted psychological and neuropsychological tests. Responsibilities also included intake screenings, case management, patient scheduling, and all required paperwork. Supervisor: Jeffrey Becker, Ph.D.

Professional Affiliations:

American Psychological Association – *full member*
Division 22 – Rehabilitation Psychology
Division 40 – Clinical Neuropsychology
California Psychological Association – *full member*.
San Francisco Psychological Association - *Executive Board: Member at Large, 2010-present*.
Northern California Neuropsychology Forum – *Executive Board: President, 2012-2013; President Elect, 2011-2012; Secretary, 2009-2011*.

Professional Service Activities:

Journal Reviewer: Implementation Science
Grant Reviewer: American Psychology-Law Society, Early Career Grant in Aid Program
DVA SF Medical Center: Psychology Professional Standards Board

Grants:

- 2011 Title: Enhancing Cognitive Function and Reintegration in Iraq and Afghanistan Veterans with PTSD Using Computer-Based Cognitive Training.
Role: Co-Investigator
Primary Investigator: Karen Seal, MD MPH
Agency: Department of Defense
- 2010 Title: Neuropsychological Screening of OEF/OIF Veterans in Primary Care
Role: Co-Investigator
Primary Investigator: Karen Seal, MD MPH
Agency: Veteran Affairs Health Services and Research Development Grant

Publications:

Field, N.P., and **Filanosky, C.** (2010). Continuing bonds, risk factors for complicated grief, and adjustment to bereavement. Death Studies 34, 1, 1-29.

Presentations, Rounds, and Symposia:

Filanosky, C., & Maguen, S. (2012, December). The Impact of TBI on Treatment for PTSD. SFVAMC Mental Health Service Grand Rounds, San Francisco, CA.

Drexler, M., **Filanosky, C.**, Armstrong, M., & Cuevas, A. (2012, October). Panel Discussion: VA Systemic Issues Regarding Compensation and Pensions. SFVAMC Mental Health Service Grand Rounds, San Francisco, CA.

Filanosky, C. (2012, August). Assessing Decision Making Capacity in Older Adults. Presentation to the Professional Fiduciaries Association of California, East Bay Chapter, San Leandro, CA.

Filanosky, C. (2011, November). Screening Cognition in Older Adults: Strategies for Primary Care. Medical Grand Rounds, John Muir Medical Center, Concord, CA.

Filanosky, C. (2011, June). Screening Cognition in Older Adults: Why, How, and Then What? Presentation to Legal Assistance for Senior's Annual Conference on Elder Abuse, Oakland, CA.

Filanosky, C. (2011, May). Decision Making Capacity in Elders: A Neuropsychological Approach. Presentation to the Professional Fiduciaries Association of California State Conference, Monterrey, CA.

Filanosky, C. (2010, August). Primary Care Psychological Services at the VA. Presented symposia at the 118th Convention of the American Psychological Association, San Diego, CA.

Filanosky, C. (2010, August). Screening for Cognitive Impairment in Social Work Service. Presentation to SF VA Social Work Service, San Francisco, CA.

Filanosky, C. (2010, June). More than Just Bad Choices: Decision Making in Older Adults. Advanced Practice Nursing Grand Rounds, SF VAMC, San Francisco, CA.

Tulkin, S., Winter, L., **Filanosky, C.**, and Guzman, J. (2010, May). The Evolution is Here: Meeting the Challenges of Primary Care Psychology. Presentation to the Annual Convention of the California Psychological Association, Costa Mesa, CA.

Filanosky, C. (2010 February). Using Neuropsychological Assessment to Determine Decision Making Capacity in Elders. Presentation to the Professional Fiduciaries Association of California, Silicon Valley Chapter, Campbell, CA.

Filanosky, C., and Caldwell, J.R. (2009, September). Integration of Mental Health Services in Primary Care at the SF VAMC. Presentation to VISN 21 Integrated Care Conference, San Francisco, CA.

Filanosky, C. (2009, July). Developing Educational and Employment Accommodations Using Neuropsychological Assessment. Presentation to the Palo Alto VA, Palo Alto, CA.

Filanosky, C. (2009, May). Assessing Decision Making Capacity in Elders. Presentation to the San Mateo County Senior Roundtable, Menlo Park, CA.

Filanosky, C. (2009, March). A Tale of Two Traumas: PTSD and TBI. Presentation to the PTSD Clinical Team, San Francisco VA Medical Center, San Francisco, CA.

Filanosky, C. (2008, September). PTSD and TBI. Address to VISN 21 PTSD Committee Annual Meeting, San Francisco, CA.

Poster Presentations:

Baughn, D., Campbell, K., Delany-Brumsey, A., Ratner, J., and **Filanosky, C.** (2013, March). Rapid access to integrated healthcare within an urban VA medical center. Poster presented at the Society for Behavioral Medicine, San Francisco, VA.

Chartier, M., Tullis, V., Frawley, E., **Filanosky, C.**, Carmody, T., McQuaid, J., Li, P., Lampiris, H., & Wong, J. (2011, April). The Montreal Cognitive Assessment (MoCA): A pilot study of a brief screening tool for mild and moderate cognitive impairment in HIV-positive Veterans. American Conference for the Treatment of HIV (ACTHIV), Denver, Colorado.

Caldwell, J., and **Filanosky, C.** (2010, March). Assessment of psychosocial needs of veterans in primary care. Poster presented at the Great Los Angeles VA Nursing Research Conference, Los Angeles, CA.

Tsaousides, T., Dams-O'Connor, K., and **Filanosky, C.** (2009, March). The URICA-TBI as a measure of rehabilitation readiness after TBI: Psychometric properties. Poster Presented at Division 22 Rehabilitation Psychology Annual Conference, Jacksonville, FL.

Caldwell, J.R., and **Filanosky, C.** (2008, July). Comparison of two approaches to enhancing veteran access to mental health services: Co-located primary care/mental health and electronic consult. Poster presented at VA National Primary Care Conference, Arlington, VA.

Ginsberg, A., Tsaousides, T., and **Filanosky, C.** (2008, February). The role of sleep efficiency in post-TBI fatigue: A comparison between individuals with TBI and non-TBI controls. Poster presented at the 36th Annual Meeting of the International Neuropsychological Society, Waikoloa, HI.

Filanosky, C., Tsaousides, T., and Ginsberg, A. (2008, February). The relationship between sleep efficiency and depression after traumatic brain injury (TBI). Poster presented at the 36th Annual Meeting of the International Neuropsychological Society, Waikoloa, HI.

Tsaousides, T., **Filanosky, C.**, and Ginsberg, A. (2008, February). Reliability and validity of the Pittsburgh Sleep Quality Index in individuals with traumatic brain injury. Poster presented at the 36th Annual Meeting of the International Neuropsychological Society, Waikoloa, HI.

Filanosky, C., Ashman, T., and Segura, E. (2007, October). Symptoms and experiences of persons with mild traumatic brain injury (TBI) and participation in litigation. Poster presented at the American Congress of Rehabilitation Medicine – American Society of Neurorehabilitation Joint Convention, Washington, DC.

Tsaousides, T., **Filanosky, C.**, and Ashman, T. (2007, May). Depression following traumatic brain injury: Differences by age and degree of unmet employment needs. Poster presented at New York State Psychological Association's 70th Annual Convention, Albany, NY.

Filanosky, C., and Mascialino, G. (2007, March). Perceptions and access to healthcare in minorities and non-minorities following traumatic brain injury (TBI). Poster presented at the annual conference of American Psychological Association Div. 22 Rehabilitation Psychology, Charlotte, NC.

Tsaousides, T., and **Filanosky, C.** (2007, February). Using the URICA to assess rehabilitation readiness for individuals with traumatic brain injury (TBI). Poster presented at the 35th Annual Meeting of the International Neuropsychological Society, Portland, OR.

Filanosky, C., and Kaplan, E. (2006, June). Applying the Boston Process Approach to the RBANS. Poster presented at the 4th Annual Conference of the American Academy of Clinical Neuropsychology, Philadelphia, PA.

Filanosky, C., Hibbard, M. (2006, June). Personal futures planning for persons with traumatic brain injury. Presentation given at the Brain Injury Association of New York State Annual Conference, Albany, NY.

Filanosky, C., Filanosky, V., Itsar-Nabarro, Z., and Thompson, L. (2004, July). Patterns of advice on coping with grief and bereavement: A comparison to the COPE. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Itsar-Nabarro, Z., **Filanosky, C.**, Filanosky, V., Thompson, L.W., and Ryder, K. (2004, July). Advice on coping with grief and bereavement and subsequent outcome. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Ruzek, J., Walser, R., Gregg, J., and **Filanosky, C.** (2004, July). Creating a web-based maintenance program for veterans with PTSD. Symposium presented at the annual convention of the American Psychological Association, Honolulu, HI.

Lane, G., **Filanosky, C.**, Shaffer, T., Froming, W., & Cochran, M. (2001, May). A three stage approach to the empirical validation of computer-mediated mental health services. Poster presented at the Pacific Research Forum, Palo Alto, CA.

Filanosky, C., Shaffer, T., and Hibbard, S. (2000, May). Development of a stage of change model for smoking cessation via the Internet. Poster presented at the Pacific Research Forum, Palo Alto, CA.

Shaffer, T., **Filanosky, C.**, and Hibbard, S. (2000, May). Measures of betrayal and narcissism: Preliminary factor structure and validity via the internet. Poster presented at the Pacific Research Forum, Palo Alto, CA.

Shaffer, T., Froming, W., **Filanosky, C.**, and Hibbard, S. (2000, May). Here2Listen: A model for Internet-based behavioral interventions and psychological research. Multimedia presentation at the Pacific Research Forum, Palo Alto, CA.